

Year 7 PE – Long Term Plan 2018-19

	Week 1 3 Sept.	Week 2 10 Sept.	Week 3 17 Sept.	Week 4 24 Sept.	Week 5 1 Oct.	Week 6 8 Oct.	Week 7 15 Oct.	Week 8 22 Oct.
Term 1	All Students - baseline	All Students - Baseline	All Students - Baseline	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness
	Week 1 5 Nov.	Week 2 12 Nov.	Week 3 19 Nov.	Week 4 26 Nov.	Week 5 3 Dec.	Week 6 10 Dec.	Week 7 17 Dec.	
Term 2	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	Girls 1 Fitness Boys 1 Net/Wall Girls 2 Gymnastics Boys 2 Ruby	All students – house activities <i>PRAG Progress week</i>	All students – house activities	
	Week 1 7 Jan.	Week 2 14 Jan.	Week 3 21 Jan.	Week 4 28 Jan.	Week 5 4 Feb.	Week 6 11 Feb.		
Term 3	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 Fitness Girls 2 Netball Boys 2 Net/Wall	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football		
	Week 1 25 Feb.	Week 2 4 Mar.	Week 3 11 Mar.	Week 4 18 Mar.	Week 5 25 Mar.	Week 6 1 April		
Term 4	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football	Girls 1 Net / Wall Boys 1 Gymnastics Girls 2 Fitness Boys 2 Football	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics <i>PRAG Progress week</i>	Girls 1 Invasion 2 Boys 1 Football Girls 2 Invasion 2 Boys 2 Gymnastics		
	Week 1 22 April	Week 2 29 April	Week 3 6 May	Week 4 13 May	Week 5 20 May			
Term 5	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics			
	Week 1 3 June	Week 2 10 June	Week 3 17 June	Week 4 24 June	Week 5 1 July	Week 6 8 July	Week 7 15 July	
Term 6	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls Tennis Boys Cricket/rounders Assessment weeks 3	Girls Tennis Boys Cricket/rounders Assessment weeks 3	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders	

Year 8 **PE** – Long Term Plan 2018-19

	Week 1 3 Sept.	Week 2 10 Sept.	Week 3 17 Sept.	Week 4 24 Sept.	Week 5 1 Oct.	Week 6 8 Oct.	Week 7 15 Oct.	Week 8 22 Oct.	
Term 1	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Netball Boys 1 Rugby Girls 2 Net/Wall Boys 2 Fitness	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby
	Week 1 5 Nov.	Week 2 12 Nov.	Week 3 19 Nov.	Week 4 26 Nov.	Week 5 3 Dec.	Week 6 10 Dec.	Week 7 17 Dec.		
Term 2	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Fitness Boys 1 Gymnastics Girls 2 Netball Boys 2 Rugby	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	Girls 1 Orienteering Boys 1 Net/Wall Girls 2 Fitness Boys 2 Gymnastics	
	Week 1 7 Jan.	Week 2 14 Jan.	Week 3 21 Jan.	Week 4 28 Jan.	Week 5 4 Feb.	Week 6 11 Feb.			
Term 3	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Girls 1 Gymnastics Boys 1 football Girls 2 Orienteering Boys 2 Net/Wall	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football			
	Week 1 25 Feb.	Week 2 4 Mar.	Week 3 11 Mar.	Week 4 18 Mar.	Week 5 25 Mar.	Week 6 1 April			
Term 4	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football	Gils 1 Net/Wall Boys 1 Fitness Girls 2 Gymnastics Boys 2 Football	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering	Girls 1 Invasion 2 Boys 1 Orienteering Girls 2 Invasion 2 Boys 2 Orienteering			
	Week 1 22 April	Week 2 29 April	Week 3 6 May	Week 4 13 May	Week 5 20 May				
Term 5	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girsl 1 Athletics Boys 1 Athletics Girls 2 Rounders Boys 2 Tennis	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics				
	Week 1 3 June	Week 2 10 June	Week 3 17 June	Week 4 24 June	Week 5 1 July	Week 6 8 July	Week 7 15 July		
Term 6	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls 1 Rounders Boys 1 Tennis Girls 2 Athletics Boys 2 Athletics	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders	Girls Tennis Boys Cricket/rounders		

