

Physical Education Examination Courses Curriculum Map 2018-2019

	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
9	Key themes covered: <ul style="list-style-type: none"> • Sports Studies • Sports leadership /practical skill 	Key themes covered: <ul style="list-style-type: none"> • Sports Studies • Sports leadership /practical skill 	Key themes covered: <ul style="list-style-type: none"> • Sports Studies • Sport and the media 	Key themes covered: <ul style="list-style-type: none"> • Sports Studies • Sport and the media 	Key themes covered: <ul style="list-style-type: none"> • Sports Studies • Sport and the media • Practical sport 	Key themes covered: <ul style="list-style-type: none"> • Sports Studies • Sport and the media • Practical sport
	Key assessments: <ul style="list-style-type: none"> • Sports Studies • Leadership styles. • Practical log book 	Key assessments: <ul style="list-style-type: none"> • Sports Studies • Planning a session, leading a session, evaluating a session. • Exam RO52/53 	Key assessments: <ul style="list-style-type: none"> • Sports Studies • Types of media • Positive effects of media • Officiating 	Key assessments: <ul style="list-style-type: none"> • Sports Studies • Negative effects of media • Officiating 	Key assessments: <ul style="list-style-type: none"> • Sports Studies • Relationship between sport and media • Individual sport 	Key assessments: <ul style="list-style-type: none"> • Sports Studies • Relationship between sport and media • Individual sport
	Enrichment:	Enrichment:	Enrichment: <ul style="list-style-type: none"> • Sports Studies • Primary competitions • House competitions 	Enrichment: <ul style="list-style-type: none"> • Sports Studies • Primary competitions • House competitions 	Enrichment: <ul style="list-style-type: none"> • Sports Studies • Primary competitions • House competitions 	Enrichment: <ul style="list-style-type: none"> • Sports Studies • Primary competitions • House competitions
	Homework: Sports Studies <ul style="list-style-type: none"> • Role models, practice assessments, rules/practical work book 	Homework: Sports Studies <ul style="list-style-type: none"> • Role models, practice assessments, rules/practical work book 	Homework: Sports Studies <ul style="list-style-type: none"> • Research media types. 	Homework: Sports Studies <ul style="list-style-type: none"> • Win task practice assessments. 	Homework: Sports Studies <ul style="list-style-type: none"> • Practice assessments • Officiating log books 	Homework: Sports Studies <ul style="list-style-type: none"> • Practice assessments • Officiating log books
10	Key themes covered: Sports Studies: Sports leadership/ practical skill GCSE: Nutrition/body types, skill / goal setting Sports Science: Reducing the risk of injury in sport	Key themes covered: Sports Studies: Sports leadership/ practical skill GCSE: Sport psychology Sports Science: Reducing the risk of injury in sport	Key themes covered: Sports Studies: Sport and the media GCSE: Sport Psychology Sports Science: Reducing the risk of injury in sport <ul style="list-style-type: none"> • Sports Nutrition 	Key themes covered: Sports Studies: Sport and the media GCSE: Coursework unit improving performance Sports Science: Sports Nutrition	Key themes covered: Sports Studies: Sport and the media Practical sport GCSE: Cardio Vascular system Sports Science: <ul style="list-style-type: none"> • Sport Science • Resit prep sports injuries 	Key themes covered: Sports Studies: Sport and the media Practical sport GCSE: <ul style="list-style-type: none"> • Cardiovascular system Sports Science: <ul style="list-style-type: none"> • Applying the principles of training

				<ul style="list-style-type: none"> Applying the principles of training The body's response to exercise 	<ul style="list-style-type: none"> The body's response to exercise
<p>Key assessments: Sports Studies:</p> <ul style="list-style-type: none"> Leadership styles. Practical log book <p>GCSE: Long answer and exam questions</p> <p>Sports Science: Progress tests</p>	<p>Key assessments: Sports Studies:</p> <ul style="list-style-type: none"> Planning a session, leading a session, evaluating a session. Exam RO52/53 <p>GCSE: <ul style="list-style-type: none"> Exam questions Progress test </p> <p>Sports Science: Mock Exam</p>	<p>Key assessments: Sports Studies:</p> <ul style="list-style-type: none"> Types of media Positive effects of media Officiating <p>GCSE: Exam questions and long answer</p> <p>Sports Science</p> <ul style="list-style-type: none"> External exam Controlled assessments Nutrients. Health benefits 	<p>Key assessments: Sports Studies:</p> <ul style="list-style-type: none"> Negative effects of media Officiating <p>GCSE: <ul style="list-style-type: none"> Controlled assessment Year 10 Exam </p> <p>Sports Science:</p> <ul style="list-style-type: none"> Controlled Assessments Athlete diets Diet plan 	<p>Key assessments: Sports Studies:</p> <ul style="list-style-type: none"> Relationship between sport and media Individual sport <p>GCSE: Exam questions and long answer.</p> <p>Sports Science:</p> <ul style="list-style-type: none"> Controlled assessments Planning a training program Information display. 	<p>Key assessments: Sports Studies: Relationship between sport and media Individual sport</p> <p>GCSE: Exam questions Long answer</p> <p>Sports Science: <ul style="list-style-type: none"> Controlled assessments Planning a training program Information display. </p>
<p>Enrichment:</p>	<p>Enrichment:</p>	<p>Enrichment: Sports Studies:</p> <ul style="list-style-type: none"> Primary competitions House competitions 	<p>Enrichment: Sports Studies:</p> <ul style="list-style-type: none"> Primary competitions House competitions 	<p>Enrichment: Sports Studies:</p> <ul style="list-style-type: none"> Primary competitions House competitions 	<p>Enrichment: Sports Studies:</p> <ul style="list-style-type: none"> Primary competitions House competitions
<p>Homework: Sports Studies:</p> <ul style="list-style-type: none"> Role models Practice assessments Rules/practical work book <p>GCSE: Diet plans</p>	<p>Homework: Sports Studies:</p> <ul style="list-style-type: none"> Practice assessments Rules/practical work book <p>GCSE: <ul style="list-style-type: none"> Long answer questions </p>	<p>Homework: Sports Studies: Research media types.</p> <p>GCSE: Exam questions/revision</p> <p>Sports Science: Research Athlete diets</p>	<p>Homework: Sports Studies: Win task practice assessments.</p> <p>GCSE: Exam questions/revision</p> <p>Sports Science: Research Athlete diets</p>	<p>Homework: Sports Studies:</p> <ul style="list-style-type: none"> Practice assessments Officiating log books <p>GCSE: Exam questions/revision</p>	<p>Homework: Sports Studies:</p> <ul style="list-style-type: none"> Practice assessments Officiating log books <p>GCSE: Exam questions/revision</p>

	<p>Sports Science:</p> <ul style="list-style-type: none"> • Revision • Exam questions 	<p>• Exam questions revision</p> <p>Sports Science:</p> <ul style="list-style-type: none"> • Revision • Exam questions • Research nutrients 			<p>Sports Science:</p> <p>Revision for re sit</p>	
11	<p>Key themes covered:</p> <p>Sports Science:</p> <p>Reducing the risk of injury in sport</p>	<p>Key themes covered:</p> <p>Sports Science:</p> <p>Reducing the risk of injury in sport</p>	<p>Key themes covered:</p> <p>Sports Science:</p> <ul style="list-style-type: none"> • Reducing the risk of injury in sport • Sports Nutrition 	<p>Key themes covered:</p> <p>Sports Science:</p> <ul style="list-style-type: none"> • Applying the principles of training • The body's response to exercise 	<p>Key themes covered:</p> <p>Sport Science:</p> <ul style="list-style-type: none"> • Resit prep sports injuries. • Course complete 	<p>Key themes covered:</p>
	<p>Key assessments:</p> <p>Sports science:</p> <p>Progress tests</p>	<p>Key assessments:</p> <p>Sports Science:</p> <p>Mock Exam</p>	<p>Key assessments:</p> <p>Sports Science:</p> <ul style="list-style-type: none"> • External exam • Controlled assessments • Nutrients. • Health benefits • Athlete diets • Diet plan 	<p>Key assessments:</p> <p>Sports Science:</p> <ul style="list-style-type: none"> • Controlled assessments • Planning a training program • Information display. 	<p>Key assessments:</p>	<p>Key assessments:</p>
	<p>Enrichment:</p>	<p>Enrichment:</p>	<p>Enrichment:</p>	<p>Enrichment:</p>	<p>Enrichment:</p>	<p>Enrichment:</p>
	<p>Homework:</p> <ul style="list-style-type: none"> • Sports Science: • Revision • Exam questions 	<p>Homework:</p> <ul style="list-style-type: none"> • Sports Science: • Revision • Exam questions 	<p>Homework:</p> <ul style="list-style-type: none"> • Sports Science • Revision • Exam questions • Research nutrients 	<p>Homework:</p> <ul style="list-style-type: none"> • Sports Science • Research Athlete diets 	<p>Homework:</p> <ul style="list-style-type: none"> • Sports Science • Revision for re-sit 	<p>Homework:</p>