















Overall Curriculum Map 2019-2020

Subject: PE

	TERM 1	TERM 2	TERM 3	TERM 4	TERM 5	TERM 6
_	Curriculum Topics	Curriculum Topics	Curriculum Topics	Curriculum Topics	Curriculum Topics	Curriculum Topics
	Carousel of activities	Carousel of activities	Carousel of activities	Carousel of activities	Carousel of activities	Carousel of activities
	covering:	covering:	covering:	covering:	covering:	covering:
	Invasion games,	Invasion games,	Invasion games,	Invasion games,	Net/Wall games,	Net/Wall games,
	net/wall games, fitness,	net/wall games, fitness,	net/wall games, fitness,	net/wall games, fitness,	Striking and fielding	Striking and fielding
	gymnastics, OAA.	gymnastics, OAA.	gymnastics, OAA.	gymnastics, OAA.	games, Athletics	games, Athletics
	Sequencing:	Sequencing:	Sequencing:	Sequencing:	Sequencing:	Sequencing:
	running, jumping, throwing and catching in isolation and in combination. flexibility, strength, technique, control and balance in gymnastics. Play (modified) competitive games applying principles of attack and defense	running, jumping, throwing and catching in isolation and in combination. flexibility, strength, technique, control and balance in gymnastics. Play (modified) competitive games applying principles of attack and defense	running, jumping, throwing and catching in isolation and in combination. flexibility, strength, technique, control and balance in gymnastics. Play (modified) competitive games applying principles of attack and defense	running, jumping, throwing and catching in isolation and in combination. flexibility, strength, technique, control and balance in gymnastics. Play (modified) competitive games applying principles of attack and defense	running, jumping, throwing and catching in isolation and in combination. flexibility, strength, technique, control and balance in athletics. Play (modified) competitive games applying principles of attack and defense	running, jumping, throwing and catching in isolation and in combination. flexibility, strength, technique, control and balance in athletics. Play (modified) competitive games applying principles of attack and defense
	Assessments:	Assessments:	Assessments:	Assessments:	Assessments:	Assessments:
	Practical assessment at	Practical assessment at	Practical assessment at	Practical assessment at	Practical assessment at	Practical assessment at
	end of each topic.	end of each topic.	end of each topic.			
	Enrichment:	Enrichment:	Enrichment:	Enrichment:	Enrichment:	Enrichment:
	Inter form competitions	Inter form competitions	Inter form competitions	Inter form competitions	Inter form competitions	Inter form competitions
	in major sports, team	in major sports, team	in major sports, team			
	games and fitness	games and fitness	games and fitness	games and fitness	games and fitness	games and fitness

















	enrichment offered throughout.					
	Homework: N/A					
8	Curriculum Topics Carousel of activities covering: Invasion games, net/wall games, fitness, gymnastics, Leadership. Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Curriculum Topics Carousel of activities covering: Invasion games, net/wall games, fitness, gymnastics, Leadership. Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Curriculum Topics Carousel of activities covering: Invasion games, net/wall games, fitness, gymnastics, Leadership. Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Curriculum Topics Carousel of activities covering: Invasion games, net/wall games, fitness, gymnastics, Leadership. Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Curriculum Topics Carousel of activities covering: Invasion games, net/wall games, fitness, gymnastics, Leadership. Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Curriculum Topics Carousel of activities covering: Invasion games, net/wall games, fitness, gymnastics, Leadership. Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.
	Assessments: Practical assessment at end of each topic. Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Assessments: Practical assessment at end of each topic. Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Assessments: Practical assessment at end of each topic. Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Assessments: Practical assessment at end of each topic. Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Assessments: Practical assessment at end of each topic. Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Assessments: Practical assessment at end of each topic. Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.

















	Homework: N/A					
9	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity.	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity.	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity.	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity.	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity.	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity.
	Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	Sequencing: Use of tactics and strategies to overcome opponents in direct competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.
	Assessments: N/A Focus on participation, engagment and healthy lifestyles.	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles
	Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.	Enrichment: Inter form competitions in major sports, team games and fitness enrichment offered throughout.



















	Homework: N/A					
10	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity. Sequencing: Use of tactics and strategies to overcome opponents in direct	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity. Sequencing: Use of tactics and strategies to overcome opponents in direct	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity. Sequencing: Use of tactics and strategies to overcome opponents in direct	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity. Sequencing: Use of tactics and strategies to overcome opponents in direct	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity. Sequencing: Use of tactics and strategies to overcome opponents in direct	Curriculum Topics Half termly options in a variety of activities designed to improve techniques and tactical awareness and develop a lifelong adherence to physical activity. Sequencing: Use of tactics and strategies to overcome opponents in direct
	competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.	competition through team and individual games. Fitness to be physically active for sustained periods of time Experience of leading warm up / cool down.
	Assessments: N/A Focus on participation, engagment and healthy lifestyles.	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles	Assessments: N/A Focus on participation, engagment and healthy lifestyles
	Enrichment: Inter form competitions in major sports, team games and fitness	Enrichment: Inter form competitions in major sports, team games and fitness	Enrichment: Inter form competitions in major sports, team games and fitness	Enrichment: Inter form competitions in major sports, team games and fitness	Enrichment: Inter form competitions in major sports, team games and fitness	Inter form competitions in major sports, team games and fitness

















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games and fitness enrichment offered throughout.	games and fitness enrichment offered throughout.	games and fitness enrichment offered throughout.	enrichment offered	games and fitness enrichment offered throughout.	games and fitness enrichment offered throughout.
Homework: N/A	Homework: N/A	Homework: N/A	Homework: N/A	Homework: N/A	Homework: N/A