

Carleton High School

Co-curricular Activities

Term 4

2019/20



Introduction

What is co-curricular?

Although lessons end at 3.05pm, the school day does not. Students can choose from a wealth of after-school co-curricular activities and clubs, both academic and non-academic.

Sessions are typically 3.05pm – 4.05pm.

Why attend co-curricular?

There are a number of reasons to attend the after-school activities on offer. Firstly, achieve sessions are a fantastic tool to help accelerate your academic achievement. Whether you missed a lesson, want to improve your depth of knowledge or need help with specific work then sessions can provide you with one to one tuition from a range of staff in different departments. Secondly, co-curricular activities allow you to gain experience and skills in areas not typically part of your everyday curriculum or life experience. Gaining new experiences is both enjoyable and desirable to future employers and higher education providers.

Who can attend?

Everyone! Whatever year group you are in, there are a huge range of sessions to choose from. Some activities are specifically targeted at individual year groups or key stages and this information is provided in this booklet. Some co-curricular activities may provide great opportunities to make friends in other year groups.

What is available?

Whatever your needs or interests, there are multiple activities to get involved with. The selection of activities we offer are organised for you by day. If there's a co-curricular you would like to take part in that isn't currently offered, please mention it to Mr T Marks.

What happens if a co-curricular activity has to be cancelled?

Occasionally co-curricular sessions may need to be cancelled, such as when there is bad weather. You will be made aware of this at the very first opportunity so that you can plan your journey home.

Monday

Co-curricular	Description	Time/Room	Teacher
All Years Homework Club	A chance to complete homework with access to ICT	3.05-4.05 Library	JE
All Years	Girls' football	3.05 – 4.05 Sports Pitches	EK

Tuesday

Co-curricular	Description	Time/Room	Teacher
Year 7 and 8 Drama Club	Drama Club	3.10-3.40 Drama Studio	SBE
All Year Groups Climb Higher with geography	Deeper geographical understanding to support personal learning and future careers	3:05-3:40 SS3	CSE
All Year Groups Gaming Club	Competitive environment providing numerous video games	3:05-4:05 L6	JLI
Year 9 Football	Year 9 Football	3:05-4:05 Field/Gym	DME
All Year Groups Saved by the Barbell	Fitness Club	3:05-4:05 Gym	WSM
All Year Groups Ping Pong World	Table Tennis Club	3:05-4:05 Gym	DCO
Year 10 Science Intervention	A chance for Year 10 to improve their sciences	3:05-4:05 L2	CSM
All Year Groups Science Club	A chance to take part in amazing science projects to earn awards.	3:05-4:05 L4	HMU and HTH
Year 9 and 10	Competitive football	3.05 – 4.05 Sports Pitches	THA DME
Year 7 and 8	Competitive Rugby	3.05 – 4.05 Sports Pitches	JPA
All Year Groups Hockey	Girls' hockey	3:05 – 4.05 Sports hall	MDI
Year 10 Achieve Health & Social Care	Coursework Support and Catch up	3:05-4:05 SS1	APA
Year 10 Art Support	Support/working room for year 10	3:05-3:35	NPI

Wednesday

Co-curricular	Description	Time/Room	Teacher
Year 9 and 10 Rugby	Competitive Rugby	3.05 – 4.05 Sports Pitches	THA
Year 7 and 8 Football	Competitive football	3.05 – 4.05 Sports Pitches	JPA
All years Netball	Netball	3.05 – 4.05 Sports hall	MDI
Year 7 and Year 8 Debate Club	A chance for students to engage in debate on global topics	3.05 – 4.05 SS1	BPA & TMI
Year 7 Coding Club	Computer Club	3:05-4:05	CJO
All Year Groups Art Club	A chance to learn art and craft	3:05-4:05	CGN/NPI
All Year Groups English Ambassadors	An opportunity to help plan and organise a range of English based activities throughout the year	3:10-4:10 T7	BED
Year 7 and 8 KS3 Book Club	A chance to share your love of books	3:10-4:10 T12	DCS/CSI
Year 11 Mastery Class	Master complex skills and develop a deeper understanding of a range of topics in English	3:10-4:10 T11	DSL
Years 9, 10 and 11 Have your say KS4 Debate Club	A fun way to develop your public speaking skills and become more aware of global affairs	3:10-4:10 T13	JTA
All Year Groups Breaking News Journalism Club	Explore the wonderful world of journalism	3:10-4:10 T15	HSM
Year 7 English Reading Intervention	Skills development	3:10-4:10 T10	JMA
All Year Groups Creative Writing Club	Create and share your love of stories, poetry and prose	3:10-4:10	GM
All Year Groups Graphics, Art and Craft Club	Learning and making ranges of graphic based crafts	3:05-4:05 CR5	ECO
All Year Groups Technology Club	Skills based knowledge projects	3:05-4:05 DT2	DWI
Year 7 and 8 KS3 Ukulele Band	Develop performance skills on the Ukulele	3:05-4:05 M2	SDO
All Year Groups World Wise Club	Develop geography skills and knowledge, represent the school in competitions and learn about current news/affairs	3:05-4:05 SS2	JAR



Thursday

Co-curricular	Description	Time/Room	Teacher
All Year Groups Girls' Rugby	Girls' rugby	3.05 – 4.05 Sports pitches	JPA
All Year Groups Strength and Conditioning	Strength and conditioning	3.05 – 4.05 Fitness suite	THA
Years 7-10 Holiday Spanish targeted to students who haven't taken a language GCSE.	Key phrases to survive a Spanish holiday!	3:05-3:50 T20	JAY
Year 7 and 8 History Film Club	Watch movies and analyse how they show the past	3:10-4:10	CCH

Friday

Co-curricular	Description	Time/Room	Teacher
All Years	Dance	3.05 – 4.05 Dance studio	SBE
Years 7-10 Zumba for Beginners	Zumba for beginners Get your body moving! Healthy bodies, healthy minds	3:05-4:00 GYM	BRO