



CARLETON  
HIGH  
SCHOOL

**Carleton High School**

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31 March 2022

Dear Parent/Carer

The PE department at Carleton High School are encouraging our students to take part in a 'Colour Run' which is designed to raise both awareness and funds to support the Motor Neurone Disease Association (MND). The event consists of an approximate 3km run around the school field. This is not a competitive event and we encourage all students in years 8 to 10 to take part. Students should wear a plain white t-shirt as well as their PE shorts/skorts for the run.

The aim of event is for years 8 to 10 students to raise sponsorship money by asking parents, family and friends to make a donation. The event will take place on **Friday 13 May 2022**.

**Event schedule:**

Year 9 pupils will remain in their PE kit after their timetabled PE lesson.

13:45 – students to change in to white clothes

13:45 – students to apply face paints and hoola necklaces

2:05 – warm-up

2.15 – run starts

2:50 – end ceremony / pictures

3:05 – students released as normal

Students will have a minimum target of £10 to raise for the MND charity. Pupils who raise the minimum amount will receive confirmation by text saying they can attend the event.

If you wish your child to be part of this event, please tick the permission box on MCAS. Sponsorship forms are attached and we encourage pupils to start raising money as soon as possible. The total raised by each individual will then need to be paid via MCAS. Also, if students can return their sponsor forms the MND association can claim an extra 25% from gift aid.

Yours faithfully

Mr T Wandless

**Curriculum Leader of Physical Education**