

Lunch Menu *Week One* *Spring Summer 2022*



GREEN EARTH MONDAY

Meatball Marinara Sub Roll
Vegetable Chilli & with Spicy Rice
Garden Peas, Fresh Coleslaw, Baked Beans, Garden Salad

TUESDAY

Chicken Korma Served with Mixed Rice
Mediterranean Vegetable Lasagne or
Mediterranean Vegetable Ragu with Pasta (Ve)
Chicken Fajita with Cajun Sweet Potato Wedges
Roasted Pepper & Sweetcorn, Green Beans, Baked Beans Garden Salad

WEDNESDAY

Roast of the Day served with Traditional Accompaniments
Or Traditional Hot Roast Baguette
Cauliflower Cheese & Pasta Bake or
Cumin Roasted Cauliflower, Pasta & Spinach Bake (Ve)
Piri Piri Chicken Taco with Rice & Sweetcorn
Roast Potatoes, Carrots, Broccoli/Cauliflower, Baked Beans, Garden Salad

THURSDAY

Tuna & Salmon Pasta Bake
Spicy Butternut & Lentil Patty filled Pitta with Optional Piri Piri Sauce (Ve)
Korean Sticky Chicken & Noodles
Minted Peas, Mixed Vegetables, Baked Beans, Garden Salad

FRIDAY

Deep Fried Fish with Tartar Sauce
A Selection of French Bread Pizza
Chipped Potatoes, Mushy/Garden Peas, Baked Beans, Garden Salad

AVAILABLE DAILY

Hot Dessert of the Day plus Fresh Fruit Salad
Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches,
Rolls & Wraps, Fresh Salads

Lunch Menu *Week Two* *Spring Summer 2022*



GREEN EARTH MONDAY

Oven Baked Vegetable Quesadillas (no cheese (Ve))
Mozzarella, Tomato & Roasted Vegetable Pasta (no cheese (Ve))
Broccoli, Asian Slaw or Garden Salad

TUESDAY

Turkey, Leek & Mushroom Pie with Baby Baked Potatoes
Loaded Mac & Cheese with Crispy Onions
Classic Cajun Dirty Rice – (Ve available)
Fresh Carrots, Mixed Greens or Garden Salad

WEDNESDAY

Roast of the Day served with Traditional Accompaniments
Or Traditional Hot Roast Baguette
Roasted Butternut, Chickpea & Lentil Loaf with Herb Gravy (Ve)
Sweet & Sour Chicken Meatballs & Noodles
Roast Potatoes, Red Cabbage, Sweetcorn & Peas or Garden Salad

THURSDAY

Butchers Sausage & Mash with Caramelised Onion Gravy
Quorn Hot Dog with Paprika Wedges (Ve)
Traditional Pork or Vegan Sausage Roll (Ve) with Baked Potato Wedges
Broccoli/Cauliflower or Garden Salad

FRIDAY

Deep Fried Fish with Tartar Sauce
A Selection of Freshly Made Burritos (Ve versions)
Chipped Potatoes, Mushy/Garden Peas, Baked Beans, Garden Salad

AVAILABLE DAILY

Hot Dessert of the Day plus Fresh Fruit Salad
Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches,
Rolls & Wraps, Fresh Salads

Lunch Menu *Week Three* AW 2021



GREEN EARTH MONDAY

Classic Pasta & Veggie Mince Bolognese (Ve)

Vegetable Balti with Mixed Rice (Ve)

Garden Peas, Roasted Carrots or Garden Salad

TUESDAY

Lamb Shepherd's Pie topped with Colcannon Mash

Chinese Chip Shop Curry Vegetables Served with Mixed Rice

Chinese Chip Shop Curry Chicken Served with Mixed Rice

Green Beans, Cumin Roast Cauliflower or Garden Salad

WEDNESDAY

Roast of the Day Served with Traditional Accompaniments

Or Traditional Hot Roast Baguette

Vegetable Wellington (Ve)

Arancini Patty with Basil Pesto & Tomato (Ve)

Roast Potatoes, Broccoli, Fresh Carrots or Garden Salad

THURSDAY

Pulled Pork or Chicken Bap with Salted Chilli Wedges/Mixed Rice

Italian Pasta Primavera (No Cream/No cheese (Ve)

Classic Pasta Bolognese

Sweetcorn, Roasted Mediterranean Vegetables or Garden Salad

FRIDAY

Deep Fried Fish/Fish Fingers with Tartar Sauce

Homemade Onion Bhaji Burger with Chilli Sauce & Masala Spiced Fries (Ve)

Chipped Potatoes, Mushy/Garden Peas, Baked Beans, Garden Salad

AVAILABLE DAILY

Hot Dessert of the Day plus Fresh Fruit Salad

Filled Jacket Potatoes, Assorted Snacks, Various Filled Sandwiches, Rolls & Wraps, Fresh Salads