## CARLETON HIGH SCHOOL

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17 July 2022

Dear Parent/Carer

As you will be aware, the hot weather continues this week, with Monday and Tuesday set to be over 30 degrees, leading to the Met Office issuing an 'extreme heat' weather warning before returning to much lower temperatures on Wednesday onwards (22 degrees).

Over the last week we have been monitoring this closely and reviewing the guidance issued by the Department for Education in managing these unprecedented temperatures in school. As always, we are committed to ensuring the school is a safe environment and that our young people, staff and community members remain safe and well during the coming days.

Therefore, we have updated our measures and are putting a number of measures in place, which are listed below;

- Students over the next two days should attend school in their school uniform, without blazer or tie or if they feel more comfortable they may attend in their PE Kit.
  (blue Carleton High school Polo, Carleton High school shorts or skort and trainers). Please note leggings and joggers are not part of the Carleton High School PE kit and will not be permitted.
- Staff will also be attending in more comfortable clothing.
- Water will be available for students throughout the day, and students will be encouraged to stay hydrated.
- PE lessons will be reviewed and amended and will not take place outside or lead to significant physical excursion.
- Students on the rewards trip on Tuesday will still go ahead, the bus is air conditioned, students will however leave Flamingo land a little earlier than planned to avoid the high temperatures in the afternoon. The bus will now leave at 1.30pm with anticipated arrival back to Carleton at 3.00pm.
- Our year 9 Key Stage 3 Graduation on Monday 18 July will be postponed until Wednesday 20 July.
- Our year 7,8 and 10 celebration evenings on Monday 18 July will now be postponed and take place on Wednesday 20 July.

We ask that you as parents support your child by ensuring they are prepared for this weather by;

- Wearing the appropriate uniform as outlined above.
- Wearing and having access to sun cream ready for their journey to and from the school.
- Wearing a hat if walking to and from the school.
- Leave home with plenty of water in a refillable bottle. Please remind your child to use time at break and lunch to fill their bottle. There will also be bottles of water available in the canteen for use as well as our water dispensers.



We will monitor these adjustments closely tomorrow, and if we need to make any further changes, we will contact you.

Thank you for your continued support, and as always, if you have any questions, don't hesitate to get in touch.

Kind regards

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Mrs J Cross Headteacher