



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Mexican Vegetable Quesadilla with Warm Nachos (V)	Chilli Con Carne with Rice	Roast Gammon, Gravy & Roasties	Paprika Chicken Dhal with Steamed Mixed Rice	Sustainably Sourced Battered Fish & Chips Or Grilled Sausage (2) & Chips
Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice (ve)	Quorn Mince Chilli Carne with Mixed Rice (ve)	Roast Quorn, Gravy & Roasties	Roasted Coriander Aubergine Dahl with Steamed Mixed Rice (ve)	Cheese & Tomato Pizza & Chips
Broccoli, Baked Beans, Mixed Salad, Rice	Fajita Roasted Sweetcorn & Peppers, Baked Beans, Mixed Salad	Country Mixed Vegetables, Baked Beans, Mixed Salad	Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans, Mixed Salad
Chocolate Rock Cake	Jam Bun	Iced Ginger Cake	Giant Chocolate Cookie (Ve)	Lemon Curd Bun



	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Cheese & Tomato 'Pizza' Macaroni Cheese (V)	Mexican Beef Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa	Bangers & Mash	Beef Lasagne & Garlic Slice	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Nuggets & Chips
MEAT FREE	Aubergine Shawarma Flatbread (Ve)	Mexican Quorn Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa (V)	Quorn Sausage & Mash	Quorn Mince Lasagne & Garlic Slice	Cheese & Tomato Pizza & Chips (v)
	Baked Beans, Garden Salad, Garlic Bread, Green Beans	Baked Beans, Fajita Roasted Sweetcorn & Peppers, Garden Salad, Coleslaw	Baked Beans, Broccoli, Garden Salad	Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans, Mixed Salad
HOT PUDS	Lemon & Blueberry Slice	Rock Cake	Iced Vanilla Sponge with Sprinkles (Ve)	Cornflake Cake	Giant Chocolate Cookie (ve)

WEEK THREE – AUTUMN WINTER
STAR DISH
(Ve) vegan option

MEAT FREE

HOT PUDS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Spanish Omelette served with Catalan Sauce & Garlic Bread (v)	Chicken & Vegetable Enchilada with Warm Nachos	Beef & Vegetable Pie & Gravy	Chinese Chicken Stir Fry with Noodles	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Goujons (3) & Chips
Veggie Bolognese Pasta Bake (v)	Mexican Vegetable Enchilada (ve)	Mediterranean Vegetable Pie (v)	Chinese Mixes Veg Stir Fry with Noodles(ve)	Cheese & Tomato Pizza & Chips (V)
Baked Beans, Garden Salad, Garlic Green Beans, Garlic Bread	Baked Beans, Garden Salad, roasted sweetcorn, wedges	Baked Beans, Coleslaw, Garlic Bread, Garden Salad	Baked Beans, Sauté Garlic Green Beans, Asian Slaw	Peas Baked Beans, Mixed Salad
Flapjack	Krispy Bite	Homemade Lemon Drizzle Cake (ve)	Iced Orange & Ginger Traybake	Giant Vanilla Cookie (ve)

Portions(s) of fruit or veg



Source of Wholegrain



Contains planet-based proteins

