







LUNCH Menu

WEEK ONE – SPRING SUMMER

(Ve) Vegan option
(V) Vegetarian Option








	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
	Mexican Vegetable Quesadilla with Warm Nachos (V) 	Chilli Con Carne with Yucatean Rice 	Roast Gammon with Gravy & Roasties	Paprika Chicken & Sri Lankan Dhal with Steamed Mixed Rice 	Sustainably Sourced Battered Fish & Chips or Grilled Sausage & Chips
	Roasted Cauliflower, Chickpea & Coconut Curry with Steamed Rice (Ve) 	Chilli Sin Carne with Yucatean Rice (Ve) 	Roast Quorn with Gravy & Roasties	Roasted Coriander Aubergine & Sri Lankan Dahl with Steamed Mixed Rice (Ve) 	Cheese & Tomato Pizza & Chips
	Vegan Sausage Roll (Ve)	Cheesy Meatball Arrabiata, Grilled Italian Bread	Pepperoni or Cheese & Tomato Pizza Baguette	Buffalo Hot Dog	Pepperoni Pizza & Chips
	Broccoli, Baked Beans, Mixed Salad, Rice	Fajita Roasted Sweetcorn & Peppers, Baked Beans, Mixed Salad	Country Mixed Vegetables, Baked Beans, Mixed Salad	Baked Beans, Garden Salad, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans, Mixed Salad
	Chocolate Rock Cake	Jam Bun	Iced Ginger Cake	Giant Chocolate Cookie	Lemon Curd Bun

LUNCH Menu

WEEK TWO – SPRING SUMMER

(Ve) Vegan option
(V) Vegetarian Option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato 'Pizza' Macaroni Cheese (V)	Mexican Beef Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa 	Bangers & Mash with Rich Onion Gravy	Beef Lasagne & Garlic Bread Slice	Sustainably Sourced Battered Fish & Chips or Oven Baked Chicken Nuggets & Chips
Aubergine Shawarma Flatbread (Ve) 	Mexican Quorn Rice Bowl with Crispy Baked Tortilla, Lettuce & Salsa (V) 	Quorn Sausage & Mash with Rich Onion Gravy (V) 	Quorn Mince Lasagne & Garlic Bread Slice	Cheese & Tomato Pizza & Chips (V)
Dirty Quorn & Cheesy Bean Burger (V) 	Fish Finger Bap with Mayo or Ketchup	BBQ Chicken Snack Wrap	Veggie Breakfast Frittata (V)	Pepperoni Pizza & Chips
Baked Beans, Garden Salad, Garlic Bread, Green Beans	Baked Beans, Fajita Roasted Sweetcorn & Peppers, Garden Salad, Coleslaw	Baked Beans, Broccoli, Garden Salad	Baked Beans, Asian Slaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans, Mixed Salad
Lemon & Blueberry Slice	Rock Cake	Iced Vanilla Sponge with Sprinkles	Cornflake Cake	Giant Chocolate Cookie

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins









LUNCH Menu

WEEK THREE – SPRING SUMMER

(Ve) Vegan option
(V) Vegetarian Option



Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Spanish Omelette served with Catalan Sauce & Garlic Bread (V)	Chicken & Vegetable Enchilada with Warm Nachos 	Beef & Vegetable Pie With Gravy	Chinese Chicken Stir Fry with Noodles 	Sustainably Sourced Battered Fish & Chips Or Oven Baked Chicken Goujons & Chips
Veggie Bolognese Pasta Bake (V) 	Mexican Vegetable Tostada (Ve) 	Mediterranean Vegetable Pie with Gravy (V) 	Chinese Mixed Vegetable Stir Fry with Noodles (Ve) 	Cheese & Tomato Pizza & Chips (V)
Vegetable Cheeseburger (V)	Pepperoni or Cheese & Tomato Pizza Baguette	Chicken Sausage Roll	BBQ Veggie Melt	Pepperoni Pizza & Chips
Baked Beans, Garden Salad, Garlic Green Beans, Garlic Bread	Baked Beans, Garden Salad, Roasted Sweetcorn, Wedges	Baked Beans, Coleslaw, Garlic Bread, Garden Salad	Baked Beans, Sauté Garlic Green Beans, Asian Slaw	Peas, Baked Beans, Mixed Salad
Flapjack	Krispy Bite	Homemade Lemon Drizzle Cake	Iced Orange & Ginger Traybake	Giant Vanilla Cookie

Portion(s) of fruit or veg



Source of Wholegrain



Contains plant-based proteins

