



Carleton High School

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8 April 2024

Dear Parent/Carer

Colour Run – Friday 10 May 2024

The PE department at Carleton High School is excited to announce that our annual Colour Run is just around the corner. We are delighted to be raising awareness and funds to support the Motor Neurone Disease Association (MNDA) by gaining sponsorship from family and friends.

We believe that it's important for our students to understand the value of giving back to our community and to help others, and the Colour Run is a perfect opportunity to do this. Participants will run or walk a designated course around the school field while being doused with different coloured powders at various stations throughout the race. It's an unforgettable experience that our students always look forward to. The event will take place on **Friday 10 May**.

This is not a competitive event and we encourage all students in years 8, 9 and 10 to take part. Students should wear a plain white t-shirt as well as their PE shorts/skorts for the run.

If they choose to take part, we ask that they gather sponsorship from family members and friends. Every little bit helps, and we are confident that our students can make a significant impact on the MNDA's mission to support those affected by motor neurone disease.

Students will have a minimum target of £10 to raise for the MNDA charity. Students who raise the minimum amount will receive confirmation by text saying they can attend the event.

If you wish your child to be part of this event, please tick the permission box on MCAS. Sponsorship forms are attached and we encourage pupils to start raising money as soon as possible. The total raised by each individual will then need to be paid via MCAS. Also, if students can return their sponsor forms the MND association can claim an extra 25% from gift aid.

Thank you for your support in making this year's Colour Run a success. We look forward to seeing all of our students participate and have a great time while supporting an important cause.

Yours faithfully

Mr T Wandless
Curriculum Leader of Physical Education