

24 October 2024

Dear Parents and Carers

I am writing to inform you of some changes which will be taking place in the way that we deliver PHSCE to our students. The PHSCE curriculum covers our Personal Development and RSE curriculum which is an essential part of a young person’s development. It is also a statutory requirement that we deliver this curriculum to all students. There are a number of very important issues and themes which are explored within this curriculum, and each play a crucial role in preparing students for the world ahead.

Currently our PHSCE curriculum is taught through a hybrid of form time learning and across the wider curriculum. However, given the significance and importance of the issues studied, we will now be devoting an hour a week to this subject. The hour will take place on a rolling basis, over Periods 1, 3 and 5. It will be delivered by Form Tutors, helping to strengthen this very important relationship. Each term, we will focus on a different strand of the statutory requirement which will ensure that learning has both breadth and depth across all year groups.

The lessons will begin for all year groups from after half term, beginning Monday Period 1. Please see the table below with the overview for the first half term:

**Week 1 Week 2 Week 3 Week 4 Week 5 Week 6**

Monday P1 Monday P3 Monday P5 Tuesday P1 Tuesday P3 Tuesday P5

Our first theme will be focusing on Mental Health and Wellbeing, which will be explored by all year groups. The lessons have been carefully planned to ensure that issues are discussed sensitively and respectfully. The nature of the planning is intended to provide every young person with an equal opportunity to develop the skills and knowledge they need to thrive now and in the future. This includes helping them to deal with critical issues they face every day such as friendships, emotional wellbeing and change.

If you have any queries or questions regarding the information above, please contact your child’s Year Leader in the first instance.

Yours faithfully



**Mrs K Hodges**

**Deputy Headteacher**